

## **SELF-COMPASSION PUBLICATIONS SORTED BY AREA OF STUDY**

Area categories (specific articles may be included in multiple area categories)

- **Self-Compassion in Adolescents and Children**
- **Self-Compassion and Aging**
- **Self-Compassion and Athletics**
- **Self-Compassion, Body Image and Eating Behavior**
- **Self-Compassion, Caregiving, and Burnout**
- **Self-Compassion in Clinical Contexts**
- **Self-Compassion, Coping and Resilience**
- **Self-Compassion and Culture**
- **Self-Compassion examined with Experimental Methodologies**
- **Self-Compassion, Family Dynamics, and Attachment**
- **Self-Compassion, Gender and Sexual Orientation**
- **Self-Compassion: General Reviews**
- **Self-Compassion and Health**
- **Self-Compassion and Interpersonal Concerns**
- **Self-Compassion Interventions**
- **Self-Compassion and Mindfulness**
- **Self-Compassion in Mindfulness and Compassion Training**
- **Self-Compassion and Motivation**
- **Self-Compassion and Physiological Functioning**
- **Self-Compassion and Positive Psychology**
- **Self-Compassion and Psychological Wellbeing**
- **Self-Compassion Scale: Translations and Psychometrics**
- **Self-Compassion and Self-Esteem**
- **Self-Compassion and Trauma**
- **Self-Compassion in Work and Professional Contexts**

## Self-Compassion in Adolescents and Children

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- Bluth, K., Campo, R. A., Futch, W. S., & Gaylord, S. A. (2016). Age and gender differences in the associations of self-compassion and emotional well-being in a large adolescent sample. *Journal of youth and adolescence*, 1-14. [PDF](#)
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## Self-Compassion and Aging

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## Self-Compassion and Athletics

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## Self-Compassion, Body Image and Eating Behavior

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