



## Compassion in Connection

### Exploring Compassionate Education Together

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October 26-28, 2018

Course 5902-665/Tuition \$380 (\$340 Members), plus accommodations. CE credits available

*Join top leaders in the field of compassion to learn about the major compassion programs, compassion training, and more.*

There are many diverse ways to alleviate suffering, but compassion and connection are always part of the process. In the growing field of compassion teaching, it's not easy to keep up with the latest programs, developments, challenges, and successes. Join top leaders in the field to explore how compassion work is affecting change and making a difference in people's lives.

Whether you are already teaching compassion, or are interested in learning more about compassion as a general subject, this community-building conference brings together various compassion programs all in one place and provides an opportunity to:

- Learn about the distinctive competencies of major compassion programs
- Differentiate compassion programs from mindfulness programs or programs focused only on sympathetic or pure empathic responses
- Explore larger issues of science-based efficacy
- Network with other compassion professionals—teachers, therapists, scholars, and researchers

The conference includes presentations about the five empirically supported compassion training programs, a panel discussion on working with specific communities of need and the variations they may require, compassion meditation sessions, and more.

Professionals can explore different programs and learn what each has to offer. Nonprofessionals can learn more about the field of compassion training, immersing themselves in the breadth and depth of this discipline. Everyone can gain information, new insights, and connections.

For a full list of teacher's bios and a complete schedule of keynote and breakout sessions please visit:

<https://www.eomega.org/workshops/compassion-in-connection>

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